

CLASS TIMETABLE

Term 1 - 2014 Mornings Sessions

Monday

9.15 - 9.45	9.45 - 10.15	10.15 - 10.45	10.45 - 11.15
BEGINNERS Helen	BEGINNERS Helen	BEGINNERS Antony	BEGINNERS Helen
BEGINNERS Jacquie	BEGINNERS Jacquie	BEGINNERS Helen	BEGINNERS TBA
ARMS & BREATHING Antony	BABIES Antony	ARMS & BREATHING Jacquie	ARMS & BREATHING TBA

Tuesday

9.00 - 9.30	9.30 - 10.00	10.00 - 10.30	10.30 - 11.00
BEGINNERS Helen	BEGINNERS Antony	BEGINNERS Trish	BEGINNERS Antony
ARMS & BREATHING Trish	BEGINNERS Helen	BEGINNERS Helen	BEGINNERS Helen
BABIES Antony	ARMS & BREATHING Trish	ARMS & BREATHING Antony	BABIES Trish

Wednesday

9.00 - 9.30	9.30 - 10.00	10.00 - 10.30	10.30 - 11.00
BEGINNERS Angela	BEGINNERS Angela	BEGINNERS Jacquie	BEGINNERS Angela
BEGINNERS Antony	BEGINNERS Antony	BEGINNERS Antony	BEGINNERS Jacquie
BABIES Jacquie	ARMS & BREATHING Jacquie	BABIES Angela	ARMS & BREATHING Antony

Thursday

9.15 - 9.45	9.45 - 10.15	10.15 - 10.45	10.45 - 11.15
BEGINNERS Sharon	BEGINNERS Sharon	BEGINNERS Sharon	BEGINNERS TBA
BEGINNERS TBA	BEGINNERS TBA	BEGINNERS Helen	BEGINNERS TBA
BABIES Helen	ARMS & BREATHING Helen	BABIES TBA	ARMS & BREATHING TBA

Friday

9.00 - 9.30	9.30 - 10.00	10.00 - 10.30	10.30 - 11.00
BEGINNERS Helen	BEGINNERS Helen	BEGINNERS Jacquie	BEGINNERS Antony
BEGINNERS Antony	ARMS & BREATHING Antony	BEGINNERS TBA	ARMS & BREATHING TBA
ARMS & BREATHING Jacquie	BABIES Jacquie	ARMS & BREATHING TBA	BABIES Jacquie

Saturday

8.00 - 8.30	8.30 - 9.00	9.00 - 9.30	9.30 - 10.00
7.30 - 8.30 SQUAD Jackson	BEGINNERS Angela	BEGINNERS Maddie	BEGINNERS Petra
BEGINNERS Angela	BEGINNERS Maddie	BEGINNERS Angela	BEGINNERS Angela
BEGINNERS Chelsea	ARMS & BREATHING Chelsea	ARMS & BREATHING Antony	ARMS & BREATHING Maddie
ARMS & BREATHING Petra	ARMS & BREATHING Jackson	ARMS & BREATHING Petra	ARMS & BREATHING Chelsea
	BABIES Petra	ARMS & BREATHING Chelsea	BABIES Antony

10.00 - 10.30	10.30 - 11.00	11.00 - 11.30	11.30 - 12.00
BEGINNERS Maddie	BEGINNERS Petra	BEGINNERS Petra	BEGINNERS Maddie
BEGINNERS Angela	BEGINNERS Maddie	BEGINNERS Maddie	ADV. BEGINNERS Paulini
ARMS & BREATHING Antony		ARMS & BREATHING Peter	ARMS & BREATHING Peter
ARMS & BREATHING Petra	ARMS & BREATHING Peter	ARMS & BREATHING Antony	ARMS & BREATHING Petra
ARMS & BREATHING Peter	BABIES Antony	ARMS & BREATHING Paulini	

Afternoon Sessions

Monday

3.30 - 4.00	4.00 - 4.30	4.30 - 5.00	5.00 - 5.30	5.30 - 6.30	6.30 - 7.00	7.00 - 7.30
BEGINNERS Bridgette	BEGINNERS Bridgette	BEGINNERS Bridgette	BEGINNERS Bridgette	SQUAD Bridgette & Patrick		
ARMS & BREATHING Louise	ARMS & BREATHING Louise	ARMS & BREATHING Louise	ARMS & BREATHING Louise			
ARMS & BREATHING Antony	ARMS & BREATHING Antony	ARMS & BREATHING Antony	ARMS & BREATHING Antony		ARMS & BREATHING Antony	ARMS & BREATHING Antony
ARMS & BREATHING Nic	ARMS & BREATHING Nic	ARMS & BREATHING Nic	ARMS & BREATHING Nic		ARMS & BREATHING Bridgette	
ARMS & BREATHING Patrick	ARMS & BREATHING Patrick	ARMS & BREATHING Patrick	ARMS & BREATHING Patrick		ARMS & BREATHING Patrick	

Tuesday

3.30 - 4.00	4.00 - 4.30	4.30 - 5.00	5.00 - 5.30	5.30 - 6.00	6.00 - 7.00	7.00 - 7.30
BEGINNERS Josh	BEGINNERS Josh	BEGINNERS Helen	BEGINNERS Chelsea	BEGINNERS Chelsea	SQUAD Nic/Jackson	ADULTS Nic
ADV. BEGINNERS Chelsea	ADV. BEGINNERS Helen	BEGINNERS Jackson	BEGINNERS Jackson	ADV. BEGINNERS Helen		
ARMS & BREATHING Emily	ARMS & BREATHING Emily	ARMS & BREATHING Emily	ARMS & BREATHING Emily	ARMS & BREATHING Nic		
ARMS & BREATHING Helen	ARMS & BREATHING Chelsea	ARMS & BREATHING Josh	ARMS & BREATHING Helen	ARMS & BREATHING Josh		
ARMS & BREATHING Jackson	ARMS & BREATHING Jackson	ARMS & BREATHING Chelsea	ARMS & BREATHING Josh	ARMS & BREATHING Jackson	6.00 - 6.30 ARMS & BREATHING Chelsea	

Wednesday

3.30 - 4.00	4.00 - 4.30	4.30 - 5.00	5.00 - 5.30	5.30 - 6.30	6.30 - 7.00	7.00 - 7.30
BEGINNERS Helen	BEGINNERS Helen	BEGINNERS Helen	BEGINNERS Abbey	SQUAD Jackson & Paulini	BEGINNERS Jackson	ADULTS Jackson
ADV. BEGINNERS Abbey	BEGINNERS Abbey	ADV. BEGINNERS Abbey	ADV. BEGINNERS Helen		ADV. BEGINNERS Patrick	
ARMS & BREATHING Antony	ARMS & BREATHING Antony	ARMS & BREATHING Antony	ARMS & BREATHING Antony			
ARMS & BREATHING Nic	ARMS & BREATHING Nic	ARMS & BREATHING Nic	ARMS & BREATHING Nic			
ARMS & BREATHING Patrick	ARMS & BREATHING Patrick	ARMS & BREATHING Patrick	ARMS & BREATHING Patrick	5.30 - 6.00 ARMS & BREATHING Patrick		

Thursday

3.30 - 4.00	4.00 - 4.30	4.30 - 5.00	5.00 - 5.30	5.30 - 6.30	6.30 - 7.00	7.00 - 7.30
BEGINNERS Bridget	BEGINNERS Bridget	BEGINNERS Bridget	BEGINNERS Emily	SQUAD Josh & Emily		ADULTS Emily
ADV. BEGINNERS Louise	ADV. BEGINNERS Josh	ADV. BEGINNERS Louise			ADV. BEGINNERS Bridgette	
ARMS & BREATHING Josh	ARMS & BREATHING Louise	ARMS & BREATHING Josh	ARMS & BREATHING Louise			
ARMS & BREATHING Emily	ARMS & BREATHING Emily	ARMS & BREATHING Emily	ARMS & BREATHING Bridgette			
ARMS & BREATHING Paulini	ARMS & BREATHING Paulini	ARMS & BREATHING Paulini	ARMS & BREATHING Josh	ARMS & BREATHING Bridgette	ARMS & BREATHING Emily	

Friday

3.30 - 4.00	4.00 - 4.30	4.30 - 5.00	5.00 - 6.00
BEGINNERS Louise	BEGINNERS Louise	BEGINNERS Louise	SQUAD Patrick/Abbey/Louise
ARMS & BREATHING Antony	ARMS & BREATHING Antony	ARMS & BREATHING Antony	
ARMS & BREATHING Abbey	ARMS & BREATHING Abbey	ARMS & BREATHING Abbey	ARMS & BREATHING Antony
	ARMS & BREATHING Patrick	ARMS & BREATHING Patrick	5.30 - 6.00 ARMS & BREATHING Antony